

SHARING GOOD IDEAS

YAHR Regional Workshop



10.30 – 3.00pm Friday 22nd November 2019

St George's Centre, 60 Gt George Street, Leeds LS1 3DL

PROGRAMME

- 10.00** Arrival, registration, coffees etc
- 10.30** Welcome, Introductions and 'Housekeeping' **Mick Richings**
(Craven U3A/Acting Chair of YAHR)
- 10.40** Reading Helpers Project **Angie Grain**
U3A members supporting young readers in schools (Ilkley & District U3A/ YAHR Committee)
Geoffrey Howard
(Ilkley & District U3A)
- 11.15** Regional Volunteers & the national U3A/Volunteers day 2020 **Sue Stokes**
(Barnsley U3A & Regional Trustee)
- 11.35** Short Break
- 11.50** Walking Sports and the U3A **Mac McKechnie**
The health benefits (physical, mental & Social) of keeping active (Barnsley U3A & Subject Advisor)
- 12.30** Any general questions or issues for discussion **Angie**
- 12.45** LUNCH BREAK - *Please let the vegetarians and vegans go first*
- 13.15** When is a Members' Secretary, not a Members' Secretary? **Anne Eady**
Reflections on the 'jack-of-all-trades' nature of the role (Ilkley & District U3A)
- 13.50** YAHR Summer School 2020 **Samina Aslam**
(Sheffield U3A & YAHR Committee)
- 14.00** Beacon Developments **Mick**
- 14.10** Sharing Ideas amongst Delegates **Angie**
- a) Encouraging ACTIVE learning within groups (avoiding teacher/student formats)
 - b) Dealing with 'Visitors' to groups or monthly meetings (*requested item*)
 - c) Encouraging and improving IT skills to improve communication
 - d) Innovative ideas for exciting new groups – that really work
 - e) Encouraging volunteering within Interest Groups, as Trustees or as Group Leaders
 - f) Plus – other issues you may wish to raise.....
- 14.45** General Discussion, Q&As, Summaries **Mick and Angie**
- 15.00** Closure