

## Research & Shared Learning

Projects are springing up across our region – see [yahru3a.co.uk/Contacts](http://yahru3a.co.uk/Contacts) and message Chris Hines our R&SLP Coordinator for more information, to hear of current initiatives, or find out how to register your own idea for a project.

## Chair's Square

Since our last Bulletin, we have welcomed Garforth Kippax and District U3A, who have increased the number of U3A's in YAHR to 52. We are also delighted to welcome Samina Aslam (Sheffield) onto our YAHR team. Samina will oversee Events Administration, a much needed position that has been held vacant for some time. Over the past year, it has been gratifying to see that the number of U3As engaging with, and attending YAHR events has continued to rise, and it is also good to report that our web site is being increasingly accessed. We look forward to our 2019 programme providing more opportunities for you all to continue go from strength to strength Learning, Laughing and Living!

*Barbara Dransfield*

## Summer School 5th-8th August 2019

We are delighted to offer our members another residential at The Hawkhill. There's an exciting and widely varied course list to choose from:

**Literature: Empire to Hell Fire**  
**Summer Painting in the Landscape**  
**Magic is not just an Illusion**  
**The Philosophers**  
**Art History: Understanding Paintings**  
**Global Climate Change**  
**Festivals and Creative Tourism**  
**Jewellery Making**

See [www.thehawkhill.com](http://www.thehawkhill.com) for venue details, and <https://yahru3a.co.uk/> to register your interest. This will ensure you receive the latest summer school news as it becomes available.

## Loneliness and Social Prescribing

See the U3A National Newsletter (August 2018) re 'Learning Not Lonely' document identifying 'the great enjoyment that [U3A] members have from learning together, being together and sharing their skills, and the huge difference that they make to local communities is being recognised' - Your U3A could maybe think of ways to engage with local GP surgeries and post ads on community noticeboards to advertise your U3A and the value you offer to folk who could benefit in body mind and spirit from belonging to your U3A community and its activities.

## Art Appreciation Network

Any Art Appreciation or Art History group leader who was unable to attend our recent workshop, and would like to know about the network, please contact **Angie Grain our Networks Coordinator** via the YAHR website so their contact details can be added to our list and be kept informed of developments and opportunities from across the region.

## Sharing Good Ideas Workshop to run on 22nd November, Leeds

Last year's event was so well received we're repeating it! Register online to join this workshop and hear about examples of good ideas that work well for other U3As. The day will be very interactive with plenty of opportunities to share ideas, so come along and share your own Good Idea!

## EVENTS DIARY

Date	Event	Location	<a href="http://see.yahru3a.co.uk">see yahru3a.co.uk</a>
Thursday 22nd November	Sharing Good Ideas	St George's Centre, Leeds	Flyer and Register
Thursday 10th January	Regional Development Meeting	tba Leeds	Flyer
tba Spring	Recycling Study Day		
5th - 8th August	Summer School	The Hawkhills	Register Interest
12th September	Regional Development Meeting		
tba Autumn	Renewable Energy Systems		

### Programme of Events on the Environment

To meet the rising interest amongst our members in this subject we are arranging a series of related events in 2019.

We expect to advertise each event 2 or 3 months ahead so keep an eye out for more information on the website, and for flyers.

Places will be limited and offered on a first come first served basis.

**Spring:** Recycling - a site visit study day to a major recycling plant

**Summer:** Climate Change - a course at our Summer School in August. Flyer available now.

**Autumn:** Renewable Energy Systems - a study day on Wind Power.

### Conference 2018

Hundreds of U3A members representing over 200 U3As around the UK shared views, ideas and experiences at this year's national conference held in August in Nottingham.

Delegates took part in workshops focusing on a range of operational and development issues, and our new national officers were 'sworn in': Sue Stokes continues her tenure as the Regional Trustee representing YAHR on the National Executive.

### Regional Development Meeting: Thursday 10th January, Leeds

#### 'Trustee Induction'

**\*\*All committee members and those thinking about being nominated are welcome to come along\*\***

A 'fit for purpose' induction needn't be onerous. It will help new trustees become both valuable and more effective members of your committee by better understanding their role on the committee and the committee's role in the life of your U3A.

### Treasurers' Workshop ran on 19th October

A lively group of 32 delegates from 28 of our 52 U3As, along with Janet Matthews our Treasurer, Angie Grain (Networks) and Frank Bailey (Beacon) shared information on online banking, managing U3A accounting, gift aid issues, spending surplus funds, and formatting financial statements on the Beacon system. Third Age Trust's John Bent's presentation hit the right note, drawing questions and discussion. Keep an eye on the web site for the presentations, and the scenarios set to represent common issues and the collated responses. **Any U3A Treasurer can be added to the Treasurers' contact list** [yahru3a.co.uk/contacts](http://yahru3a.co.uk/contacts) and click on the envelope icon near Angie Grain's photo!