

## Support

Support may be given by:

- The Research Guide  
*'Getting involved in research'*
- The Research Database
- Research Ambassadors
- Regional SLP Co-ordinators
- Subject Advisers
- U3A committees
- Regions and Networks
- Research Sub-committee
- External organisations e.g. Universities, research bodies, libraries, archives, galleries, museums and other community organisations

## Get Involved

Take part in research to:

- **Acquire new skills**
- **Have fun working in a team**
- **Produce outcomes that benefit yourself, your U3A and the wider community**
- **Become a Research Ambassador, encouraging research in your Region**
- **Become an SLP (Shared Learning Project) Co-ordinator to liaise with groups and external organisations**

### The Third Age Trust

The Old Municipal Building  
19, East Street  
Bromley  
Kent. BR1 1QE  
Phone: 020 8466 6139  
[www.u3a.org.uk](http://www.u3a.org.uk)

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## Get inspired ! Do some research



THE UNIVERSITY OF THE THIRD AGE

# The Research Process

IDEA



DEVELOP



PLAN



ACTION



ANALYSIS



PUBLISH

- A Research project can be undertaken within an individual U3A or by a group of U3As in a Network or Region
- Research may involve an external partner e.g. art gallery, library, archive, museum, university, research or other community organisation
- There is no limit to the type of research that is undertaken by U3A members
- A national archive of research projects is stored on the U3A Research Database [www.u3aresearch.org.uk](http://www.u3aresearch.org.uk)
- The U3A research guide is designed to help you

# How do I start?

- Identify a topic
- Read the U3A research guide 'Getting involved in research'
- Talk to your U3A committee, Research Ambassador, SLP Co-ordinator, Subject Adviser
- Get a group together
- Search the online U3A Research Database for similar projects
- Identify external organisations and contact a partner if appropriate
- Plan your project
- Undertake your research
- Communicate your findings

# Research Database

[www.u3aresearch.org.uk](http://www.u3aresearch.org.uk)

**U3A Research Database**

| home | browse | all projects | edit | contact | help | forum | log in |

**Welcome to the U3A Research Database**

Please **browse** or **search** for projects or use the **grid** to scroll through the whole current listing. You can also search for projects by name of **connected third party**.

If the project filecard has a comment tab at the foot of the card, you will be able to get in touch with the project coordinator by sending an email directly to them.

Editors, please **log in** to access the editing functions via the **editing** page, where you will also now see latest news about the development of the project, and visit the **forum** to share ideas about research in U3A and post comments about anything on the site.

Use the **contact page** to send a message (including a request to be registered as an editor) or ask a question of the administrator.

The number of projects in the database is now: **542**

**Links**

- U3A in the UK
- Third Age Trust
- International

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**Browse projects**

Browse for projects by topic or region below or search the whole database by keyword using the box at the top of the page, do a **filtered search by type of project** or search for projects with third party organisations by **organisation name**.

Topics	Regions
Ageing	East Midlands
Archaeology	East of England
Arts	International
History	London
Learning	National (UK)
Medical and Health	North East
Memory	North West
Natural world	Northern Ireland
Research	Scotland
Science	South East
Social history	South West
Sociology	Wales
Technology	West Midlands

Over 500 research projects listed